

Nikita Krishnan
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Education

Pace University, . <i>Ph.D. in Mental Health Counseling</i>	Pleasantville, NY December 2019.
Long island university <i>M.S. Mental Health Counseling, GPA 3.95</i>	Orangeburg, NY May 2011.
Jawaharlal Nehru Engineering College <i>B.S. Instrumentation Engineering. GPA 3.3.</i>	India July 1997.

Teaching Experience

Adjunct professor in psychology department at Pace University 2016 - present.
Adjunct professor in psychology department at LIU (Rockland campus) 2020
Have presented on multicultural competency in relation to Hinduism as a guest speaker at Long Island University.
Have presented as guest speaker on gaining an insight into being culturally competent with Southeast Asian clients especially “India population” in cultural diversity classes at Pace university.
Have worked in the capacity of a lecturer in an Engineering and Technology Institute.
Have worked as a junior research fellow in Sant Longowal Institute of Engineering in India from 1998-1999.

Research Experience

Completed Research project titled “Interpersonal Influences on Young Adults’ Suicidal Ideation: A Cross-cultural Comparison”.
Knowledge and application of statistical analysis, including descriptive statistics, linear and multiple regression, analysis of variance.
Knowledge about using Statistical Package for the Social Sciences(SPSS) software.

CACREP Experience

I have also been a part of team that developed self-study and handbook for the PhD program for Council for Accreditation of Counseling and Related Educational Programs (CACREP) accreditation at Pace University.

Clinical experience

United Hospice of Rockland,
Bereavement Counselor

New city, NY
(2011-2015)

Individual counseling (adult & children), crisis intervention, co-facilitated adult and child loss groups.

Have made bereavement phone call to families who were at high risk for complicated grief.

Have gone in community and schools for crisis counseling (self-harm, suicide and accidental deaths).

Mental Health Association,
(Internship) Recovery Services

Valley Cottage, NY

Facilitated MICA (Mentally Ill Chemically Addicted) Support groups, wrote progress notes for group work, facilitated intakes for new clients, client advocacy, conducted individual sessions for adults and children (Rainbow program). Also facilitated 'Parenting groups', who were mandated by law to attend the program in order to get custody of their children. Also participated in staff meetings, case disposition, filing.

Other work experience

Kashyap Radiant systems Ltd. (India)

2000-2002

Worked as a software Engineer in the java Technologies Department. Worked on Visual Basic, SQL Server, Internet and Web Basics, Building Web pages, Java, Advanced Java, component Technology, Electronic data Interchange, Building E- commerce sites.

Professional Development

Certification in Evidence-based Trauma Treatment & Interventions.

Certified in 10 core competencies of Trauma, PTSD, Grief, Loss

Working with Trauma Survivors

Training in Identification and reporting of Child Abuse and Maltreatment.

April 2008

Attention Deficit Hyperactivity Disorder
Autism: Assessment, Analysis & Action
Understanding Dialectical Behavior Therapy.
Importance of Art therapy for Trauma Survivors

Certification in Suicide & Self-harm by PESI Inc.,

October 2018.

Skills

Fluent in North Indian Language (Hindi) and English

Proficient with Microsoft Office and Word

Professional Affiliation

Professional member of New York Mental Health Counselors Association (NYMHCA) since 2016.

Conference Presentation

Poster presentation on “Interpersonal Influences on Young Adults’ Suicidal Ideation: A Cross-cultural Comparison” will be presented at **New York Mental Health Counselors Association (NYMHCA)** virtual convention 2020 meet in Albany.

Invited By senator Carlucci to present on the finding on “ suicidal ideation in young adults in the United States” in **New York Mental Health Committee Meeting** at Albany in March 2020.

Extracurricular Activities

I have recently joined the Advisory Board of Dyson at Pace University as a board member.

I have been an integral part of Indian Cultural Society of Rockland (ICSR), a non-profit organization with current position as its public relation officer.

Also, as a member of SEWA International, a non-profit service organization have organized food drives to help families impacted by Covid-19, connecting international students to much needed resources in Rockland county.

A member of Ekal Vidyalaya Foundation, a non-profit organization that is working to bring basic education to every child in rural and tribal part of India.

A board member of Non-profit organization “ Proyecto Faro” project in Rockland county that provides different services to underserved and minority communities.