

Mark R. LeVan, MA, LPC, CCTP

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PROFESSIONAL LICENSURE: Licensed Professional Counselor, Pennsylvania (PC012178)

EDUCATION

Currently Enrolled PhD Counselor Education and Supervision
Indiana University of Pennsylvania

2008 MA Community Counseling
Indiana University of Pennsylvania

2000 BA Anthropology
Gannon University

CLINICAL POSITIONS

2018-Present Regional Clinical Director for Western Pennsylvania
Pressley Ridge,
Pittsburgh Pennsylvania

- Provide ongoing training, supervision, and consultation to Pressley Programs
- Facilitate development and roll out of agency-wide clinical initiatives
- Assurance of program fidelity to clinical models
- Review of agency critical incidents and monitoring of risk
- Facilitate the development of the Neurosequential Model of Therapeutics in the agency
- Facilitate the development of Motivational Interviewing in the Agency, including training, coaching and consultation.
- Implementation of the Screening Brief Intervention and Referral to Treatment (SBIRT) model in the agency, including training, and oversight of training team.
- Conference facilitation and presentation

2014-2018

Clinical Supervisor

Pressley Ridge Community Residential Rehabilitation and Treatment
Foster Care

Uniontown and Greensburg, Pennsylvania

- Provided supervision for Treatment coordinators and Therapists in the community residential rehabilitation and treatment foster care program
- Provided group, individual and family therapy as well as independent living training for youth in care
- Provided In-service training for treatment foster care parents
- Serve as the acting Director of the program when the Director is absent
- Conducted intake of new clients into the program
- Conducted ongoing training for staff
- Assured the implementation and fidelity to the Structural Family Therapy and Trauma-Focused Cognitive Behavioral Therapy treatment modalities.

2010-2014

Treatment Coordinator/Therapist

Pressley Ridge Community Residential Rehabilitation

Uniontown and Greensburg, Pennsylvania

- Provided ongoing management of cases for children in treatment foster care and community residential rehabilitation
- Provided individual, family and group therapy
- Trained in Trauma-Focused Cognitive Behavioral Therapy and Structural Family Therapy
- Coordinated Services for children in treatment foster care
- Provided training for treatment parents in home and during parent in service.
- Constructed treatment plans
- Served as a facilitator for American Re-Education conference 2011 and 2013

2010-2011

Case Manager/Parenting Specialist

Private Industry Council Westmoreland and Fayette

Dads Matter Program

Uniontown and Greensburg, Pennsylvania

- Provide classroom instruction in parenting skills
- Assist parents in obtaining services in Westmoreland and Fayette County

- Advocate for role of fathers in children's lives
- Organize and conduct trainings on specific parenting and family skills

2008-2010

Family and Addictions Counselor
Outside In Community Based Family Services and Pathway to Recovery
Greensburg, PA

- Outpatient addictions and family counseling in Westmoreland County
- Treatment planning
- Maintain Client records
- Ongoing case management for clients
- Implementation of Multidimensional Family Therapy program
- Group and individual counseling for youth, adults, and families
- Evaluation of clients using American Society of Addiction Medicine standards

2008

Intern Counselor
Adelphoi, USA, Benet Home
Latrobe, PA

- Counseling adolescent sexual offenders
- Facilitate group therapy in sexual issues, value clarification using Reality Therapy as a foundation
- Facilitate assessment of new clients

2007

Youth Care Worker, Independent Living Specialist
YMCA Youth Shelter, Independence House, and Specialized Program of
Alternative Respite Care (SPARC)
Greensburg, PA

- Supervise daily activities of youth
- Intake of new youth
- Crisis Management
- Training youth in independent living skills

2004-2006

Master Teacher/Counselor
Pressley Ridge at Ohiopyle Therapeutic Wilderness Program
Ohiopyle, PA

- Supervising daily activities of students and staff
- Training of staff
- Assuring goal-oriented focus for students

- Planning Program Activities
- Treatment Planning
- Assisting treatment team in developing and implementing treatment goals

2003-2004

Educational Master Teacher/Counselor
 Pressley Ridge at Ohiopyle Therapeutic Wilderness Program
 Ohiopyle, PA

- Developing educational portfolios for students
- Applying student's Individualized Education Plans to program Academics
- Scheduling and facilitating program academic sessions for students
- Utilizing program academics to prepare students for traditional schooling.

2000-2003

Teacher/Counselor
 Pressley Ridge at Ohiopyle Therapeutic Wilderness Program
 Ohiopyle, PA

- Assisting in planning, implementing, and evaluating of daily activities
- Providing positive role modeling for students.
- Treatment Planning
- Providing support for youth in crisis
- Facilitation of group process and therapy

ACADEMIC POSITIONS

2021

Doctoral Graduate Assistant to Nadine L'Amoreaux, PhD, LPC, NCC, ACS
 Professor Indiana University of Pennsylvania Counseling Department
 Indiana, Pennsylvania

2021

Co-teacher, Crisis and Addiction Counseling
 Masters in Mental Health and School Counseling Programs, Indiana
 University of Pennsylvania
 Indiana, PA

- Curriculum development
- Classroom and synchronous teaching
- Assessment of student work

2021

Co-teacher, Clinical Mental Health Counseling

Masters in Mental Health and School Counseling Programs, Indiana
University of Pennsylvania
Indiana, Pennsylvania

PROFESSIONAL WORKSHOPS & TRAININGS (Facilitated)

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| 2021 | Neurosequential Model Bootcamp <ul style="list-style-type: none">• Faculty for two introductory courses in the Neurosequential Model• International attendance• Organizer of host site for the event |
| 2020-2021 | Motivational Interviewing <ul style="list-style-type: none">• Introductory courses for agency staff in community-based settings.• Ongoing coaching• Coding and review of MI sessions• Agency leader of MI initiatives |
| 2019-2021 | Screening, Brief Intervention and Referral to Treatment (SBIRT) <ul style="list-style-type: none">• Courses for agency staff in community based, treatment foster care, residential and educational settings• Training of new trainers• Agency leader of SBIRT implementation |
| 2018-2021 | Suicidality and Self Harm: Prevention, Intervention and Postvention <ul style="list-style-type: none">• Introductory training and ongoing consultation all agency staff in residential, education, treatment foster care, and educational settings• Co-developer of new curriculum in 2020 |
| 2018-2021 | Neurosequential Model of Therapeutics (NMT) and Neurosequential Model of Education <ul style="list-style-type: none">• Certified as Phase two trainer of new trainers• Training of phase one, introductory level participants and oversight of training phases.• Consultant for programs on NMT implementation and use• Agency leader in implementation of NMT model |
| 2010-2021 | Cornell University Therapeutic Crisis Intervention (TCI) Trainer <ul style="list-style-type: none">• Initial and refresher trainings in the TCI model for agency staff• Clinical lead for the implementation of TCI in the agency |

- 2011-2021 Experiential Education Facilitator
- Served as conference facilitator of experiential education for Pressley Ridge American Re-Education Association Conferences in 2011, 2013 and 2018.
 - Trainer in using Experiential Education in group and family settings

PROFESSIONAL WORKSHOPS & TRAININGS ATTENDED

- 2021 Neurosequential Model of Reflective Supervision (NMRS)
- Inaugural class of the NMRS model facilitated by Bruce Perry MD, PhD, and Kristie Brandt CNM, DNP
 - Beginning of the phase three mentoring program of Neurosequential Model
- 2020-2021 Advanced Motivational Interviewing (MI) Learning Collaborative
- Three-day intensive course followed by monthly follow up
 - Direct feedback of MI skills using the Motivational Interviewing Treatment Integrity Scale (MITI) 4.3
 - Facilitated by Amy Shanahan, MS and Billy Jo Smith, Med, University of Pittsburgh Medical Center, Center for Excellence, members of the Motivational Interviewing Network of Trainers (MINT)
- 2020-2021 Co-occurring Disorder Assessment and Stage Based Intervention Initiative
- Eight-month training series on the assessment and treatment of co-occurring disorders.
 - Facilitated by Richard Krusznski, MSSA, LISW-S, LICDC-CS, Director Case Western Reserve University Center for Evidence-Based Practices (CEBP)
- 2019-2020 Screening Brief Intervention and Referral to Treatment (SBIRT) Learning Collaborative
- Yearlong initiative to learn and implement the SBIRT model
 - Facilitated by Abigail Schlesinger, MD Director of the University of Pittsburgh Medical Center Screening Motivational Interviewing and Referral to Treatment (SMART) Choices Program and Shannon Meyers, RN, PMH-BC, CFRS, Program Coordinator of the SMART Choices program

- 2016-2020 Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Certification program including six months of supervision in the TF-CBT model by Anthony Mannarino MD, co-founder of TF-CBT
 - Certified TF-CBT clinician 2020
- 2018-2019 Neurosequential Model of Therapeutics (NMT) Phase One Certification
- Twelve-month training cycle to become certified as an NMT practitioner
 - Certification allows practitioner to use the NMT metric with clients
 - Prerequisite phase for training phase of NMT
- 2019-2020 Neurosequential Model of Therapeutics Phase Two Trainer
- Twelve-month training cycle to become a trainer in the Neurosequential Model.
- 2020 Neurosequential Model of Education (NME) Trainer
- Certification to train education programs in the Neurosequential Model of Education
- 2018 The Neurosequential Model and Collaborative Problem Solving
- Two-day training discussing the interplay of Collaborative Problem Solving and the Neurosequential model.
 - Facilitated by Bruce Perry, MD, PhD, founder of the Neurosequential model and Senior Fellow of the Child Trauma Academy and Neurosequential Network
 - Co-Facilitated by Stuart Ablon PhD, Co-founder of the Collaborative Problem-Solving method and director of The Think Kids program and the University of Massachusetts Medical Center.
- 2015 Reality Therapy Workshop
- One day workshop facilitated by Robert Wubbolding EdD director of the Center for Reality Therapy
 - Hosted by Indiana University of Pennsylvania Counseling Department Center for Creativity and Change

CONFERENCE PRESENTATIONS

LeVan, M. & Cameron, A. (2021, December) *The Neurosequential Model: The Lens That Expands Trauma-Sensitive Practice*. Mental Health America Virtual Conference. Greensburg, PA Accepted for Presentation, not presented.

LeVan, M. Kaelin, M. Mcquillen, A., Gallo, A. & Cameron. A, (2021 October) *The Implementation of the Neurosequential Model in Treatment Foster Care and Deaf Educational and Residential Programs*. The Neurosequential Network Implementation Call.

LeVan, M. & Cameron A. (2019, October) The Use of The Neurosequential Model in Rural and Medically Underserved Communities. California University of Pennsylvania Trauma in Rural and Medically Underserved Communities Conference. California, PA.

LeVan, M. & Cameron A. (2019, July) *An Introduction to the Neurosequential Model*. Blair County, PA Trauma Summit. Altoona, PA

LeVan, M. (2018, June). *The Impact of Trauma on Men and Boys*. Men of Standard Conference, Community Forge, Wilkinsburg, PA

CONFERENCE ORGANIZATION AND DEVELOPMENT

2019 Allegheny County Trauma Summit: Building Connections for a Future of Hope.

- Co-organizer of conference in conjunction with Allegheny County Department of Human Services and Pressley Ridge
- Two-day event featuring keynote speaker, Bruce Perry, MD, PhD

2019 American Re-Education Association and Pressley Ridge: Re-Education Reimagined Conference.

- Conference facilitator focusing on Experiential Education and Nicholas Hobbs's Re-Education model

2017 American Re-Education Association: New Shoots from our Re-Ed Roots Conference

- Conference Facilitator focusing on Experiential Education and Nicholas Hobbs Re-Education model

2015 American Re-Education Association Regional Conference

- Conference Facilitator focusing on Experiential Education and Nicholas Hobbs Re-Education model

SERVICE

2020-2021 University of Pittsburgh Medical Center SMART Choices Advisory Board

2021 Site Supervisor for Walden University master's in mental health counseling program

AWARDS and HONORS

- 2013 Teacher Counselor of the Year, Pressley Ridge
- 2003 Teacher Counselor of the Year, Pressley Ridge Ohiopyle
- 1997 Lambda Alpha Honors Anthropology Honors Society
- 1994 Eagle Scout, Boy Scouts of America