

JUSTIN T. MCDONALD, MA, LPC

Indiana University of Pennsylvania
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EDUCATION

Doctor of Philosophy Program in Counselor Education and Supervision 2021 – Present
Indiana University of Pennsylvania | Indiana, PA (CACREP Accredited)

Master of Arts in Community Counseling 2005
Indiana University of Pennsylvania | Indiana, PA

Bachelor of Arts in Sociology 1999
Messiah College | Grantham, PA

LICENSURE

Licensed Professional Counselor (LPC) – PC006723 2012 – Present
Pennsylvania Department of State

ACADEMIC EXPERIENCE

Graduate Assistant Fall & Spring
2021

Department of Counseling, Indiana University of Pennsylvania | Indiana, PA

- Provide assistance to Lorraine J. Guth, Ph.D., NCC, LPC, Professor, Clinical Coordinator for Master's Degree Programs, and President of the Association for Specialists in Group Work
- Co-teach (in person and synchronous zoom) Basic Counseling Skills to master's degree students
- Provide session feedback and group clinical supervision

CLINICAL AND RELATED PROFESSIONAL EXPERIENCE

Mental Health Counselor 2015 – Present

Dr. Mary Berge and Associates, LLC | Johnstown, PA

- Conduct individual, couples, and family therapy with adolescents and adults
- Utilize an eclectic therapeutic approach integrating person-centered, cognitive-behavioral, structural/strategic family systems, motivational interviewing, reality therapy, solution-focused, humanistic, trauma-focused, and others in face-to-face and telehealth settings
- Strict focus on professional ethics and confidentiality
- Treat a wide variety of mental health and substance abuse disorders

Mobile Professional Care Manager

2020 – 2021

UPMC Health Plan, Inc. | Pittsburgh, PA

- Conducted member assessments to identify behavioral, clinical, social, and environmental concerns/needs
- Coordinated services across the continuum of care with case management, physicians, pharmacy, behavioral health, and other providers or health plan departments as appropriate
- Made referrals and provided expertise regarding community and governmental resources

Clinical Director

2018 – 2020

Outside In School of Experiential Education | Ligonier, PA

- Provided leadership to multiple departments to ensure highest standard of service delivery
- Managed and oversaw largescale operations and systems
- Ensured consistent delivery of evidenced–based practices and agency developed services
- Coordinated agency collaboration with multiple continuous quality improvement systems
- Promoted programs with new and existing referral sources
- Managed agency involvement in professional events and related marketing opportunities

Associate Director of Clinical Services

2016 – 2018

Outside In School of Experiential Education | Ligonier, PA

- Managed relationships with outside entities and provided a point of contact to ensure the highest degree of collaboration in reaching common goals
- Developed systems for internal feedback and outcome collection/analysis and directed the use of resultant data for staff training, program development, and quality improvement
- Implemented and managed agency–wide adoption and ongoing usage of electronic health records
- Oversaw referral and intake processes across programs to ensure maximum resource utilization

Clinical Supervisor

2013 – 2016

Outside In School of Experiential Education | Ligonier, PA

- Drove program development through exploration of best practices and utilization of innovative strategies and interventions
- Provided clinical supervision and training to facilitate the professional growth and development of counselors and new supervisors
- Instituted and maintained live supervision program utilizing audio recording and in–vivo observation

Lead Addiction Counselor

2010 – 2013

Outside In School of Experiential Education | Ligonier, PA

- Managed utilization review systems and maintained relationships with commercial insurers and managed care organizations to ensure continued funding for clients based on ASAM medical necessity criteria
- Supervised counselor assistants in preparation of promotion to full counselor
- Facilitated interdisciplinary team meetings

Addiction Counselor 2006 – 2010

Outside In School of Experiential Education | Ligonier, PA

- Provided individual, group, and family substance abuse and co-occurring counseling
- Completed accurate and timely biopsychosocial assessments, case conceptualizations, treatment plans, progress notes, and court summaries
- Testified on behalf of clients in juvenile court

Behavioral Specialist Consultant | Mobile & Outpatient Therapist 2006

Alternative Community Resource Program | Johnstown, PA

- Developed treatment plans for children with behavioral problems and mental health diagnoses
- Provided behavioral consultation to parents, teachers, and other treatment team members
- Supervised therapeutic staff support and developed and monitored treatment strategies
- Provided counseling in home, school, and outpatient settings

Case Manager 2004 – 2005

Children's Paraclete | Johnstown, PA

- Completed extensive documentation for large caseload to ensure funding sources were secure
- Attended interagency meetings while providing input and maintaining accurate records
- Assisted in training of new case management staff

Employment Counselor 2003 – 2004

Goodwill Industries of the Conemaugh Valley | Johnstown, PA

- Performed case management duties for adult and youth populations
- Coordinated and supervised paid work programs for youth
- Managed and reported performance measures for large youth caseload

Mental Health Worker 1999 – 2003

Hoffman Homes for Youth, Inc. | Littlestown, PA

- Utilized behavioral modification/management in residential milieu for children and adolescents with severe and persistent mental illness
- Employed safe crisis management to ensure physical and emotional safety of residents

PRACTICUM / FIELD EXPERIENCE

Counseling Intern 2005

Nulton Diagnostic and Treatment Center | Johnstown, PA

- Engaged in individual therapy sessions while practicing cognitive and behavioral interventions
- Planned and conducted group therapy with adolescents in partial hospitalization program
- Created, maintained, and tracked appropriate case documentation
- Observed therapy sessions, psychological evaluations, and psychiatric intakes
- Participated in weekly individual and group supervision with licensed clinicians

Individual Practicum - Adult **2005**

Department of Counseling, Indiana University of Pennsylvania | Indiana, PA

- Facilitated individual counseling with undergraduate students under faculty supervision
- Received and provided peer observation and feedback
- Developed case conceptualization using theoretical framework

Group Practicum **2004**

Department of Counseling, Indiana University of Pennsylvania | Indiana, PA

- Facilitated and cofacilitated group counseling sessions under faculty supervision
- Applied various formats, such as process, experiential, psychoeducational, and interpersonal
- Applied group counseling theory to the evaluation of group dynamics

PROFESSIONAL SERVICE

Peer Surveyor **2018 – Present**

Commission on Accreditation of Rehabilitation Facilities | Tucson, AZ

- Conduct surveys of behavioral health organizations to ensure conformance to CARF standards
- Provide technical support, evaluative feedback, and consultation to organizational leadership
- Deliver recommendations for quality improvement and decide on continued accreditation

INVITED SPEAKING ENGAGEMENTS

Department of Counseling Graduation Alumni Speaker **2010**

Department of Counseling, Indiana University of Pennsylvania | Indiana, PA

CURRENT PROFESSIONAL AFFILIATIONS

American Counseling Association – Member **2021 – Present****Association for Specialists in Group Work – Member** **2021 – Present****Association for Counselor Education and Supervision – Member** **2021 – Present****VOLUNTEER ACTIVITY**

Regional Commissioner **2015 – 2016**

American Youth Soccer Organization – Greater Johnstown Region

Regional Registrar **2014 – 2015**

American Youth Soccer Organization – Greater Johnstown Region

Coach / Referee **2010 – 2016**

American Youth Soccer Organization – Greater Johnstown Region