

*Curriculum Vitae for*  
***Devona M. Stalnaker-Shofner***

### ***Overview***

My teaching philosophy is to make the abstract more accessible, essentially bridging the gap between understanding theory to the practical application of concepts and helping students to integrate the two worlds. The classroom is a microcosm of the professional world. In the capacity of counselor educator, it is my job to help the student to determine and find their future role within that community.

### ***Educational Background***

#### **Argosy University, Atlanta, GA (CACREP Accredited)**

Doctor of Education, Counselor Education and Supervision

Dissertation: The Effect of a Wellness Intervention on the Total Wellness of Graduate Students in Counseling Practicum

Degree conferred November 2013

#### **Georgia School of Professional Psychology, Atlanta, GA (CACREP Accredited)**

Masters of Arts, Professional Counseling

Degree conferred October 2000

#### **Xavier University of Louisiana, New Orleans, LA**

Bachelors of Science in Psychology, Biology minor

Degree conferred May 1994

### ***Additional Education***

#### **Antioch University, Graduate School of Leadership and Change**

Certificate in Leading for Inclusion and Racial Justice

Received April 30, 2021

### ***Professional Licenses and Certifications***

#### **Licensed Professional Counselor (LPC)**

State of Georgia,

December 2001 (Associate License)

September, 2006 (Professional License)

License No. LPC004683, Expires September 30, 2022

#### **National Counselor Certification (NCC)**

National Board for Certified Counselors (NBCC)

Certification No. 1057358, Expires May 31, 2023

**Mental Health Professional (MHP) Status**

State of Georgia, Department of Human Resources

Division of Mental Health, Developmental Disabilities, and Addictive Diseases (MHDDAD)

Issued August 2006

**Substance Abuse Manager (SAM) Status**

State of Georgia, Department of Human Resources

Division of Mental Health, Developmental Disabilities, and Addictive Diseases (MHDDAD)

Issued August 2006

***Academic Teaching Experience*****ANTIOCH UNIVERSITY NEW ENGLAND, Keene, NH****Associate Professor****July 2021—present****Associate Chair, Clinical Mental Health Counseling Department****August 2020—present****Assistant Professor****July 2014—July 2021****Coordinator, Substance Abuse/Addictions Concentration & Certificate (SAAC)****July 2015—present****Faculty Senate Representative, CMHC Department****May 2016—June 2021****Chapter Faculty Advisor, Chi Sigma Iota, Alpha Nu Epsilon Chapter****October 2014--present****Interim Co-Program Director, Clinical Mental Health Counseling (CMHC)****October 2017-July 2018**

Lead instructor for the following courses: Issues in Addictions Recovery, Integrated Approaches to Addictions Counseling. Additional courses include: Psychopathology, Psychopharmacology, Fundamentals of Therapeutic Interaction, Career and Lifestyle Counseling, Assessment: Principles & Methods, Practicum and Internship Seminar. Provides in-class and online instruction to students enrolled in the Masters of Arts in Clinical Mental Health Counseling (CMHC) degree program and responsible for the development of appropriate course syllabi, academic calendars, assignments, and learning activities. Also, advisor to students enrolled in the SAAC Concentration (in-residence and online). Designated Applied Psychology Department representative for AUNE Faculty Senate serving on the Academic Affairs Committee (two-year term). Lastly, successfully chartered the first Chi Sigma Iota chapter within the Antioch University system.

Additional highlights include work as a principal collaborator with Antioch University New England's Institute on Wellness in Helping Professionals to provide education and training around secondary trauma stress, vicarious trauma, and wellness to community behavioral health service providers. Also as SAAC Coordinator, secured \$45,000 in external funding around substance abuse training for clinical mental health students (see Grants and External Funding), and co-created post-master's degree certificate in Substance Abuse/Addictions Counseling (scheduled to begin Fall 2017); co-developed the following related courses: Advanced Issues in Addictions Counseling, Process Addictions, and Social Justice and Advocacy in Addictions Counseling.

As Co-Program Director, was responsible for the management of the CMHC Master's degree program, including but not limited to the following: budget management, oversight of CACREP self-study, student performance enhancement and remediation, hiring and supervision of adjunct faculty, curriculum development, program assessment and evaluation, and student recruitment and retention.

As Associate Chair, responsible for Diversity, Equity, Inclusion, and Justice, specifically regarding the recruitment and retention of diverse faculty and students. Oversees the development of new curricula for the

CMHC program. Co-facilitates faculty meeting with the Department Chair, and works with the Chair with respect to the administrative oversight of the department.

**ARGOSY UNIVERSITY, Atlanta, GA**

**May 2011 – July 2014**

**Adjunct Faculty**

Instructor of the following courses: Professional and Ethical Issues in Counseling, Human Growth and Development, and Foundations in Community Counseling. Provides in-class and online instruction to students enrolled in the Masters of Community Counseling degree program. Responsible for the development of appropriate course syllabi, calendar, assignments, and learning activities.

**ARGOSY UNIVERSITY, Atlanta, GA**

**September 2008 – May 2011**

**Teaching Assistant, Counseling Department**

Presented class lectures for each listed course. Responsible for developing lesson plan and lecture material, preparing learning activities, grading papers and assignments. Performed other administrative duties as needed.

**Courses:** Professional Ethics, Career and Lifestyle Counseling, Research and Program Evaluation, Human Growth and Development, Foundations in Community Counseling, Counseling Practicum and Internship Seminar.

**Graduate Assistant, Counseling Department**

**September 2008 – December 2008**

**Training Office**

Responsible for assisting in the practicum placement of master's students in the counseling department. Provided off-site clinical supervision to two master's students. Performed administrative duties as needed.

### *Employment History*

**THE COUPLES INSTITUTE OF NORTHEAST GEORGIA**

**January 2021—present**

Private practice providing individual, family, and marriage/couples counseling services. Population served includes adolescents (12—18 years old), and adults (18—65 years old). Presenting issues include mood and anxiety disorders, substance abuse/addiction, LGBT concerns, family conflict, marital/relationship distress.

**INTEGRATED WELLNESS COUNSELING SERVICES, LLC**

**December 2010 – December 2018**

Private practice providing individual, family, and marriage/couples counseling services. Population served includes children (6—11 years old), adolescents (12—18 years old), and adults (18—65 years old). Presenting issues include mood and anxiety disorders, substance abuse/addiction, LGBT concerns, family conflict, marital/relationship distress.

**COMPREHENSIVE COUNSELING SERVICES, LLC**

**July 2010 – May 2014**

Provided the following contract services: individual and group counseling, alcohol/drug and anger/violence evaluations. Facilitates group therapy for the Alcohol/Drug treatment program and the Family Violence Intervention Program.

**PEACHFORD HOSPITAL, Atlanta, GA**

**November 2009 – May 2014**

**Therapist**

Facilitated group therapy as a component of the Partial Hospitalization and Intensive Outpatient Programs of the Outpatient Services department, which provides treatment services to persons diagnosed with mental illness

and/or substance abuse disorders. Completed related treatment documents (i.e. group therapy notes, treatment plans, psychosocial assessments).

**KIDSNET—GEORGIA, Conyers, GA**

**School Clinician**

**September 2007 – January 2009**

Served as a mental health liaison for designated elementary, middle and senior high schools within Rockdale County Public Schools, performed mental health screenings and crisis intervention for identified students in need. Also, conducted school needs assessment to identify target issues within the student population of in order to develop, implement, and facilitate appropriate psychoeducation groups. Participated as a member of the System of Care network.

**GRN COMMUNITY SERVICE BOARD, Covington, GA**

**July 2006 – September 2007**

**Lead Clinician**

Responsible for providing individual, family, and group counseling services for client population composed of both mandated and voluntary client referrals to the Adolescent Addictive Diseases Intensive Outpatient Program. As the lead clinician, actively involved in program development. Also, directly supervised a staff of five persons (clinicians, social service technicians, and behavior aides). Clinical duties involved active participation in all phases of treatment such as evaluation/assessment, treatment recommendation and planning, case management and termination. In addition to maintaining a caseload, also served as clinical liaison to Newton County Juvenile Court's Drug Court Program.

**MHM CORRECTIONAL SERVICES, Atlanta, GA**

**July 2002—March 2006**

**The Governor's Pilot Mental Health Court Program—H.E.L.P. Diversion Program**

**Case Manager** (February 2005 – March 2006)

Responsible for managing a caseload of up to 25 persons with mental illness. Responsibilities included completion of diagnostic impression assessments, crisis intervention counseling, and case management counseling sessions. In this capacity, also responsible for the preparation and presentation of cases for clinical staffing and review.

**Phillips State Prison, Buford, GA**

**Senior Mental Health Counselor** (July 2002 – February 2005)

In a multidisciplinary setting, responsible for the provision of mental health counseling to a caseload of adult male prisoners who have been determined to need mental health services. Actively involved in all phases of the therapeutic process, including the completion of initial assessments and psychological screenings, development of individualized treatment plans, and discharge/release planning. Facilitated mental health therapy and psychoeducation groups. Performed crisis intervention and related case management. Work assignments included managing caseloads servicing inmates with moderate to severe mental health issues, inmates housed in the disciplinary unit and managing both the Acute Care (ACU) and Crisis Stabilization (CSU) Units. Frequent mental health panel member on inmate Vitek hearings, institutional proceedings regarding involuntary medication. Also, served as Mental Health Duty Officer, a weeklong on-call assignment, on a rotating basis.

**MOTHERS AGAINST DRUNK DRIVING, Atlanta, GA**

**October 2001 - July 2002**

**State Victim Services Coordinator** Responsible for the development and provision of direct services to crime victims—specifically those involved in alcohol-related incidents; services included crisis intervention, grief counseling and court advocacy. Also, actively involved in additional projects such as coalition-building to influence the development of related public policy and community education regarding related public

health/policy awareness. Additional responsibilities included monitoring the provision of victim services by designated persons in MADD chapters, consultation to and training for victim advocates and the supervision of volunteer staff. Successfully implemented Victim Support Groups for persons directly and/or indirectly (i.e. surviving family/friends) involved in alcohol-related incidents to address issues related to personal trauma or grief. Additional accomplishments included the development of a Victim Database to store data and statistical information about victims serviced for reporting and tracking purposes; Victim Impact Panels, used as an alternative or additional sentencing requirement for alcohol/drug related offenses, the panels are an empathy-building event where victims tell their stories to offenders speaking to the potential consequences of their criminal behavior; and the Victim Advocacy Network, a system developed with the basic concept to promote a collaborative effort with law enforcement, often the first responders to DUI-related crashes and MADD Victim Advocates, who are responsible for the provision of post-crash support.

**FAMILY RECOVERY, INC., Gainesville, GA**

**January 2001 - October 2001**

**Counselor**

Provided individual and group counseling as well as marriage/family therapy services for client population composed of both mandated and voluntary client referrals. Under the direction of a Licensed Professional Counselor, clinical duties involved active participation in all phases of treatment such as evaluation/assessment, treatment recommendation/planning, case management and termination. In addition to maintaining a caseload, facilitated multiple groups (as many as 10/week) for treatment programs such as Substance Abuse, Anger Management, Domestic Violence and Values Clarification. Conceptualized, developed, and effectively implemented parenting education program. As an approved treatment provider for the State of Georgia--Department of Public Safety's Multiple DUI Offender program, monitored client activity in all phases of Level I program (enrollment, treatment process, and termination).

**D & S CASE MANAGEMENT CONSULTANT FIRM, New Orleans, LA**

**January 1995 - July 1997**

**Partner/Development Consultant**

Contracted by local and statewide case management agencies to consult and assist in the development of case management policies and procedures, daily operation, training and quality assurance. As a consultant, primary responsibilities included development and implementation of training programs conducting orientations and in-services as contracted by the agency. Further, assisted in quality assurance reviews and record auditing. Responsible for developing training programs for three local and statewide case management agencies contracting services with the firm. Directed the implementation, transition and training of employees to apply, maintain and manage the developed program. Assisted in the development of two newly established case management agencies.

**EPITOME CASE MANAGEMENT AGENCY, New Orleans, LA**

**September 1994 - November 1995**

**Director**

The agency provided case management services to adult and children of the following populations: chronically mentally ill and developmentally disabled. Responsibilities included but not limited to: coordination of the workflow of 30 employees (case management, supervisory and corporate staff, as well as office personnel), budget development and fiscal services, development of company policies and procedures, program development, quality assurance, training and continuing education, marketing and public relations. Responsible for overall budget development, maintenance and documentation of annual budget of \$250,000, as well as general accounting, Medicaid billing practices and employee payroll. Noteworthy programs included: 1) the development and implementation of an employee-training program; 2) the Consumer Expense Fund Program; 3) the Case Management Student Internship Program.

**ONYX FOUNDATION, INC., New Orleans, LA****December 1993—September 1994****Training Coordinator** (April 1994 - September 1994)

Responsible for the training and continuing education of all new and current employees and case management staff within a multi-branch company in addition to the development and maintenance of in-house training programs. Proposed, implemented, and successfully managed the development of an employee training program including programs for orientation training, monthly in-services, and continuing education; this led to promotion to Training Coordinator position. Authored an extensive and comprehensive training manual for use in conjunction with the established program.

**Case Manager** (December 1993 - April 1994)

Provided case management services to individuals in the following populations: chronically mentally ill, developmentally disabled, and HIV-disabled; assigned a caseload of approximately 20-30 adult and child clients.

***Internships*****Peachford Hospital, Atlanta, GA**

Counseling Intern, Adolescent Unit, Outpatient Services  
May 2010—August 2010

**Gwinnett County Adult Detention Center, Lawrenceville, GA**

Mental Health Department, Mental Health Intern  
September 1999—June 2000

**Xavier University, New Orleans, LA**

Xavier University Counseling Center Intern  
September 1992—May 1994

**Young Women's Christian Association (YWCA), New Orleans, LA**

Rape Crisis Center Intern  
October 1990—June 1991

***Current Research Projects***

**Title of Study:** Counselor Wellness: A Longitudinal Study Examining Wellness in Helping Professionals

**Research Start Date:** June 2021

**Description of Study:** This is a longitudinal study examining the efficacy of a wellness intervention on the total wellness of helping professionals over the course of one year. Participants completed a wellness workshop and related personal wellness plan and will be monitored monthly, quarterly, and at the conclusion of the study at the one-year mark. This is a mixed methods approach, collecting quantitative data related to total wellness using a wellness assessment and surveys, and qualitative data using focus groups and surveys related to factors influencing the implementation of a wellness plan.

**Title of Study:** Developmental Perspectives on Multiculturalism and Social Justice Advocacy Competence in Counselor Education

**Research Start Date:** January 2021

**Description of Study:** The purpose of this study is to expand on the previous research on the development of multicultural awareness, knowledge, and skills in relation to efficacy in social justice advocacy throughout the developmental process of counselors-in-training. Essentially, this study will examine self-assessment of first year, second year, and third year counselors-in-training across a span of three years. Thus, while we will gain a snapshot of CITs at different points in their training, we will also gain the advantage of viewing one cohort across three years. The specific quantitative research question that we are seeking to answer are: 1) What is the relationship between Multicultural Awareness, Knowledge, and Skills and Social Justice Advocacy Competence for CITs at various points in their counselor training? Additionally, the survey will allow for us to seek a richer understanding of the development of awareness and competence, including meaningful experiences or key moments that facilitate this growth. It is anticipated that the results of the study will contribute to the larger body of research on pedagogical approaches to multiculturalism and advocacy in counselor education, and will be disseminated through manuscript submission to counseling journals and presentation at professional conferences.

### ***Completed Research Projects***

**Title of Study:** Experiences of Sizeism Among BIPOC Females

**Research Start Date:** January 2021

**Research Completed:** May 2021

**Description of Study:** Body image development is affected by cultural images and the influence of family, peers, the media, and others" (Wong et al., 2019, p. 223). A common experience for women is a preoccupation with body size and image. The "ideal" female body portrayed is often one of thinness. This ideal body image is often at odds with the reality of women's bodies. To compound the problem, individuals that identify as members of the black, indigenous, and people of color (BIPOC) community often face racism and discrimination. The purpose of this proposed research study is understand the experiences of larger bodied women that identify as BIPOC with sizeism.

*Manuscript submitted for publication.*

**Title of Study:** Perceived Stress and Self-Care in Graduate Students Amidst the COVID-19 Pandemic: A Phenomenological Exploration

**Research Start Date:** May 2020

**Research Completed:** November 2020

**Description of Study:** This project seeks to examine the impact of perceived stress on the self-care strategies and implementation of such practices in graduate students at a northeast university. The results will be published in a peer-reviewed journal to inform about the specific impact of COVID-19 pandemic on the experiencing of stress and ability to self-modulate in a time of national and global crisis and the lived experiences of graduate students during the pandemic.

*Manuscript in preparation.*

**Title of Study:** Professional Quality of Life and Career-Sustaining Behaviors Among Counseling Interns: Developing Strategies for Mitigating the Effects of Secondary Traumatic Stress

**Research Start Date:** February 2020

**Research Completed:** August 2020

**Description of Study:** The purpose of this study is to expand the previous research on the topic of wellness for helping professionals (e.g. licensed mental health counselors, clinical psychologists, camp counselors, crisis clinicians, etc.) conducted by the PIs to Counselors in Training (CITs), in conjunction with the mission and previous work of the AUNE Wellness Institute. Essentially, this study will examine self-reported levels of Compassion Satisfaction, Compassion Fatigue, and personal stress in counseling interns, in comparison with their reported implementation of strategies to mitigate the effects of stress. This study will help to inform counselor educators of the levels of distress experienced by CITs completing their internships, as well as effective career-sustaining behaviors that they may incorporate to mitigate the effects. It is anticipated that the results of this study will contribute to the larger body of research on wellness for helping professionals by addressing the efficacy of self-care, careers-sustaining behaviors as a means to facilitate wellness in CITs.  
*Manuscript submitted for publication.*

**Title of Study:** Counselor Wellness: A Phenomenological Study of Students as Counselors-in-Training,

**Research Start Date:** November 2018

**Research Completed:** November 2019

**Description of Study:** This phenomenological study explored students' lived experiences of wellness, as well as their perspectives of how they define wellness, their sense of their own personal wellness, and potential barriers and resiliency factors that may affect their wellness. The study also explored common themes regarding student wellness culminating in a description of the universal essence of student wellness.

*Manuscript submitted for publication.*

## ***Grants and External Funding***

**Funding Institution:** Antioch University Schools Partnership Projects (AUSPP), Guskin Center for Democracy and the Common Good

**Grant Title:** Wellness and Racial Equity: Transformative Practices in Counselor Education

**Award Amount:** \$10,775 (1 year)

**Description/Scope of Work:** The current proposal is for the development of a model of anti-racist work in Counselor Education, through the collaborative work of CMHC faculty in both Seattle and New England, the Antioch University Wellness Institute, and the Pacific Educational Group. The comprehensive model will incorporate antiracist pedagogy, advocacy development, wellness/mindfulness and the establishment of effective allyship practices within the CACREP standards of counselor education. The model will not only be replicable for other counselor education programs, but will contribute to a shift in the “multicultural” and “culturally-sensitive” counseling lens to a more action-oriented anti-racist model.

**Funding Institution:** New Hampshire Area Health Education Center (NHAHEC)/Dartmouth College

**Grant Title:** The New Hampshire Screening, Brief Intervention, and Referral to Treatment and Interprofessional Education (NH SBIRT IPE) Collaborative, awarded by Substance Abuse and Mental Health Services Administration (SAMHSA)

**Award Amount:** \$45,000 (3 years)

**Description/Scope of Work:** Working on the Council of Directors as an Educational Partner with NHAHEC and Dartmouth College, the SBIRT IPE grant develops and implements an SBIRT training program using an interprofessional education approach with five New Hampshire area educational institutions with health professional academic programs (i.e. nurses, nurse practitioners, physician assistants, physicians, pharmacists, physical therapy, mental health counseling, and social workers). The goal of the Screening, Brief Intervention



and Referral to Treatment (SBIRT) for Health Professions Student grant is to implement SBIRT training, an evidenced-based training program, within the core curriculum of health profession educational programs in New Hampshire. SBIRT is a comprehensive, integrated, approach to delivering early identification, intervention, and referral to treatment for their patients who are at risk for substance use disorder.

**Funding Institution:** Health Resources and Services Administration (HRSA)

**Grant Title:** Integrative Behavioral Health Initiative: Practice-Based Training in Youth Co-Occurring Disorders

**Award Amount:** \$283,000 (1 year)

**Description/Scope of Work:** To expand the size and quality of the behavioral health workforce in underserved settings in New Hampshire by providing comprehensive training for treating children, adolescents, and transitional-age youth affected by behavioral health disorders (particularly substance abuse/misuse and co-occurring disorders) to at least 20 Clinical Mental Health Counseling students by September 2017. Co-collaborator of the authorship and implementation of the grant as a part of the Clinical Mental Health Counseling team in the Applied Psychology department.

## ***Publications***

### **Books**

**Stalnakier-Shofner, D. M.** (Ed). (In Development). *A comprehensive guide for counselor educators: Training graduate students and new educators for the field of CES*. Springer Publishers.

### **Published Research**

Zeglin, R.J., Goldberg, S., **Stalnakier-Shofner, D.**, Walker, B., & Schubert A., (2021). Sex therapy credentials: A descriptive analysis of the training of clinicians who do sex therapy. *Sexual and Relationship Therapy*, 1-16. DOI: 10.1080/14681994.2021.1937598.

**Stalnakier-Shofner, D. M.**, Lounsbury, C., Collagan, S., Keck, S., & Ryan, R. (2021). Perceived stress and self-care in graduate students amidst the COVID-19 pandemic. *Journal of Wellness (3)2*, 1-8. DOI: 10.18297/jwellness/vol3/iss2/1

**Stalnakier-Shofner, D. M.** (2020). Colorism and the racial identity development of African American women: An autoethnographic depiction. *The Journal of Black Sexuality and Relationships, Special Issue: Creating Space for Black LGBTQAI*, 7(2), 75-98.

Pervanas, H., Fjeld-Sparks, K. Semple-Barta, K., Smith, P., Southard, D, **Stalnakier-Shofner, D.**, and Towle, J. (2019). Assessment of Screening, Brief Intervention, and Referral to Treatment (SBIRT) training to interprofessional healthcare students. *SAGE Open Nursing*, 5, 1-7. DOI: 10.1177/2377960819834132

**Stalnakier-Shofner, D. M.** and Manyam, S. B. (2014). The effect of a wellness intervention on the total wellness of counseling practicum graduate students. *The Practitioner Scholar: Journal of Counseling and Professional Psychology*, 3, 48-62.

**Stalnakier-Shofner, D. M.** (2013). The effect of a wellness intervention on the total wellness of counseling practicum graduate students (Doctoral dissertation).

**Manuscripts Accepted with Revisions**

**Stalaker-Shofner, D. M.**, Lyness, K., and Keck, S. (*under review*). The influence of race/ethnicity, gender, age, social support, religion/spirituality and occupational history on the total wellness of counseling practicum graduate students: A pilot study. *The Journal of Counselor Preparation and Supervision*.

**Stalaker-Shofner, D. M.**, Lounsbury, C., Collagan, S., Keck, S., & Roberts, R. (*under review*). Professional quality of life and career-sustaining behaviors among counseling interns: Developing strategies for mitigating the effects of secondary traumatic stress. *The Journal of Counselor Preparation and Supervision*.

**Manuscripts Submitted and Under Review**

Stalaker-Shofner, D. M. (*under review*). Counselor as client: Exploring the ethics of required psychotherapy as a component of counselor education, training and wellness. *Teaching and Supervision in Counseling*.

Stalaker-Shofner, D. M., Kreider, H. D., Oblak, R., & Collagan, S. (*under review*). Wellness and self-care with counselors-in-training: A pilot phenomenological study. *Teaching and Supervision in Counseling*.

Stalaker-Shofner, D. M., & Moser, D. (*under review*). Perspectives on the efficacy of a wellness intervention and use of a wellness plan. *Journal of Counseling and Development*.

**Manuscripts in Progress**

Stalaker-Shofner, D. M. (manuscript in preparation). Evaluating the impact of the father-daughter relationship on the mate selection of heterosexual, cisgender, African American/Black women.

Stalaker-Shofner, D. M. (manuscript in preparation). Supervisee wellness as an element of clinical supervision.

Stalaker-Shofner, D. M. (manuscript in preparation). Strategies for student wellness.

Stalaker-Shofner, D. M. (manuscript in preparation). Using a wellness model with Black, Indigenous, and People of Color (BIPOC) individuals experiencing racial trauma.

***Presentations*****Peer-Reviewed and Refereed Conferences**

“Racial Trauma and Wellness in the Treatment and Recovery of Addiction,” (**accepted 4/21/2021**). NAADAC, *the Association for Addiction Professionals* (Virtual), October 30, 2021.

“The Courageous Implementation of Antiracist Pedagogy at PWIs,” (**accepted 5/7/2021**). *Association for Counselor Education & Supervision (ACES) 2021 Conference*, Atlanta, GA, October 9, 2021.

“A Social Justice Pedagogy Committee: Informing Counselor Education Curricula with Antiracism Philosophy and Practices,” (**accepted 5/7/2021**). *Association for Counselor Education & Supervision (ACES) 2021 Conference*, Atlanta, GA, October 8, 2021.

- “Addressing Racial Trauma as an Element of Addiction Treatment,” (accepted 2/28/2021). *West Coast Symposium on Addictive Disorders 2021 Conference*, La Quinta, CA, October 1, 2021.
- “Understanding Racial Trauma as a Clinical Concern with BIPOC Individuals,” (accepted 8/13/2021). *62<sup>nd</sup> Annual European Branch of the American Counseling Association Conference*, September 24, 2021 (Virtual)
- “Addressing Racial Trauma Through Wellness,” *NBCC Foundation Bridging the Gap Symposium: Eliminating Mental Health Disparities*. September 23, 2021 (Virtual).
- “Understanding Racial Trauma as a Clinical Concern,” *ACA of Iowa’s 2021 Annual Symposium*, September 10, 2021 (Virtual).
- “Integrating Wellness in Client Recovery and Care,” *Alcohol and Drug Abuse Certification Board of Georgia (ADACBGA) 8<sup>th</sup> Annual Conference*, Stone GA, June 29, 2021.
- “Advocating Social Justice & Educating Future Social Justice Change Agents,” *American Mental Health Counselors Association (AMHCA) 2021 Annual Conference*, Las Vegas, NV, June 16, 2021 (Virtual).
- “A Social Justice Pedagogy Committee: Our Journey Towards Decolonization and Anti-Racism Learning,” *Association for Humanistic Counseling’s 2021 Annual Conference*, (Virtual).
- “A Social Justice Pedagogy Task Force: Our Journey Towards Decolonization,” *Antioch University Seattle Chi Sigma Iota, Omega Mu Gamma Chapter’s 2021 Online Social Justice Symposium*, May 7, 2021 (Virtual).
- “Counselors as Social Change Agents: Developing Ethically Competent Advocates,” *Sixth Annual Law and Ethics in Counseling Conference 2021*, March 6, 2021 (Virtual).
- “Ethical Considerations of Wellness-Based Clinical Supervision,” *Fifth Annual Law and Ethics in Counseling Conference 2020*, New Orleans, LA, February 14, 2020.
- “Ethical Remediation as a Gatekeeping Responsibility of Counselor Educators,” *Fifth Annual Law and Ethics in Counseling Conference 2020*, New Orleans, LA, February 14, 2020.
- “Self-Care While Caring for Others: Addressing Wellness, Secondary Traumatic Stress, and Burnout in Counselors.” *Pennsylvania Counseling Association 2019 Conference*, College Station, PA, November 9, 2019.
- “Screening, Brief Intervention & Referral to Treatment (SBIRT) Interprofessional Education Collaboration,” *Association of American Medical Colleges (AAMC) 2019 Professional Development Conference for Institutional Advancement*, Washington, D.C., April 27, 2019.
- “The CACREP Multisite Policy and the Addition of an Online Campus,” (Poster Presentation). *North Atlantic Region Association for Counselor Education and Supervision (NARACES) 2018 Conference*, Burlington, VT, September 27, 2018.

- “*Evaluating the Impact of the Father-Daughter Relationship on the Mate Selection of Heterosexual, Cisgender, African American/Black Women*,” *Columbia College Chicago and the Association of Black Sexologists and Clinicians: Exploring the History, Art, and Aesthetics of Black Sexuality and Relationships*, Chicago, IL, February 2, 2018.
- “Counselor as Client: Exploring the Ethics of Mandated Psychotherapy as a Component of Counselor Education, Training and Wellness,” *Law and Ethics in Counseling Conference 2018*, New Orleans, LA, January 31, 2018.
- “Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training in Medical Professional Programs: Implementation and Dissemination,” *Association for Medical Education and Research in Substance Abuse 41<sup>st</sup> Annual National Conference*, Washington, D.C., November 3, 2017.
- “Supervisee Wellness as an Element of Clinical Supervision,” *Association for Counselor Education & Supervision (ACES) 2017 Conference*, Chicago, IL, October 6, 2017.
- “Strategies for Student Wellness,” *Association for Counselor Education & Supervision (ACES) 2017 Conference*, Chicago, IL, October 5, 2017.
- “NH SBIRT and Interprofessional Education Training Collaborative,” *4<sup>th</sup> Annual SBIRT in New Hampshire Summit: Looking Back, Looking Forward*, Concord, NH, September 19, 2017.
- “Supervisee Wellness as an Element of Clinical Supervision (Poster Presentation),” *American Mental Health Counselors Association (AMHCA) 2017 Annual Conference*, Washington, DC, July 28, 2017.
- “Strategies for Student Wellness (Poster Presentation),” *American Mental Health Counselors Association (AMHCA) 2017 Annual Conference*, Washington, DC, July 27, 2017.
- “Integrating a Wellness Model in Addictions Counseling,” *The 5<sup>th</sup> Annual Clinical Overview of the Recovery Experience (CORE) Conference*, Amelia Island, FL, July 17, 2017.
- “Counselor Wellness: An Ethical Mandate,” *Law and Ethics in Counseling Conference 2017*, New Orleans, LA, February 17, 2017.
- “Practicing What We Preach: Practical Skills for Self-Care and Counselor Wellness,” *American Counseling Association (ACA)—Canadian Counselling and Psychotherapy Association (CCPA) 2016 Conference & Expo*, Montreal, Canada, April 3, 2016.
- “Student Wellness: A Phenomenological Study (Poster Presentation),” *American Counseling Association (ACA)—Canadian Counselling and Psychotherapy Association (CCPA) 2016 Conference & Expo*, Montreal, Canada, April 2, 2016.
- “The Effect of a Wellness Intervention on the Total Wellness of Counseling Practicum Graduate Students (Poster Presentation),” *Association for Counselor Education and Supervision (ACES) 2013 Conference*, Denver, CO, October 19, 2013.

“Adopting a Wellness Philosophy: Practical Skills for the Counseling Student and Professional,”  
*American Mental Health Counselors Association (AMHCA) 2012 Annual Conference*,  
Orlando, FL, July 21, 2012.

“Practicing What We Preach: Implications for Wellness in Counseling Students and Professionals,”  
*Licensed Professional Counselors Association of Georgia 24<sup>th</sup> Annual Convention and Regional  
Conference*, Atlanta, GA, June 7, 2012.

“The Impact of Acculturation on the Development of Eating Disorders in African American Females,”  
*American Mental Health Counselors Association (AMHCA) 2008 Annual Conference*, San Diego,  
July 19, 2008.

### **Invited Seminars and Workshops**

“Leaning into Wellness and Self-Care in Turbulent Times,” *Center for Anthroposophy*, Virtual Presentation,  
September 25, 2021.

“Using a Wellness Model to Address Racial Trauma in BIPOC Individuals,” *Antioch University New England  
Clinical Mental Health Counseling Department 2021 Lunch and Learn Series*, Virtual Presentation, July  
16, 2021.

“Critical Race Theory,” *Antioch University New England Clinical Mental Health Counseling Department 2021  
Lunch and Learn Series*, Virtual Presentation, March 12, 2021.

“Using a Wellness Model with Black, Indigenous, and People of Color (BIPOC) Individuals Experiencing  
Racial Trauma,” *Buena Vista University Continuing Education Series*, Virtual Presentation, November  
12, 2020.

“Self-Care While Caring for Others: Wellness, Secondary Traumatic Stress, Vicarious Trauma and Burnout in  
Students and Counselors-In-Training,” *Buena Vista University Counseling Program Residency*, Virtual  
Presentation, July 21, 2020.

“Multicultural Awareness” and “Gatekeeping and Documentation,” *Clinical Supervision Two-Day Intensive*,  
*Hosted by Antioch University New England*, Keene, NH, April 28-29, 2016.

“Practicing What We Preach: Implications for Wellness in Helping Professionals,” *Antioch University New  
England’s Institute on Wellness in Helping Professionals*, April 8, 2016.

“Supervisee Wellness as an Element of Clinical Supervision,” *Antioch University New England Supervisor’s  
Day*, November 16, 2015.

“Practicing What We Preach: Implications for Wellness in Helping Professionals,” *Antioch University New  
England’s Institute on Wellness in Helping Professionals*, November 4, 2015.

“Counselor Wellness: Evaluating Students’ Experiences and Developing a New Pedagogical Approach,”  
*Antioch University’s Innovation Reveals Itself Conference*, April 8, 2015.

“Emotionally Focused Couples Therapy,” *Antioch University New England Supervisor’s Day*, November 18, 2014.

“Understanding Mental Health: A Training for School Resource Officers,” *Rockdale County Public Schools*, Conyers, GA, January 3, 2008.

“Treating the Self-Injurious Inmate—Policies on Crisis Stabilization and the Use of Seclusion & Restraints,” *Phillips State Prison Annual In-Service*, Buford, GA, November 6, 2003.

**Other Invited Interviews, Speaking, Publishing and/or Academic Engagements**

“How to Advocate for Social Justice and Educate Future Social Change Agents (Published Article). *The Advocate Magazine*,

“Volunteer Spotlight: Leading By Example” (Interview). *National Board of Certified Counselors (NBCC) Foundation*, <https://nbcdf.org/about/article/volunteer-spotlight-leading-by-example?zs=TLHDN1&zl=9scL6>

“ACA of Washington Presents: Juneteenth and Black Mental Health” (Featured Panel Speaker). *American Counseling Association, Washington State Chapter*, June 18, 2021.

“Rise Up! Navigating Racial Trauma: Students’ Perspectives.” *Antioch University*, June 4, 2021.

“NARACES BIPOC After Party: Anti-Asian Violence and BIPOC Allyship” (Co-Facilitator). *North Atlantic Region Association for Counselor Education and Supervision (NARACES) Year of Learning Series/Wellness and Advocacy Series*, April 19, 2021.

“Rise Up! Navigating Racial Trauma in the Classroom.” *Antioch University*, April 15, 2021.

“NARACES BIPOC After Party: Addressing Our Own Racial Trauma” (Facilitator). *North Atlantic Region Association for Counselor Education and Supervision (NARACES) Year of Learning Series/Wellness and Advocacy Series*, March 24, 2021.

“NARACES BIPOC After Party: Life in Academia” (Facilitator). *North Atlantic Region Association for Counselor Education and Supervision (NARACES) Year of Learning Series/Wellness and Advocacy Series*, December 9, 2020.

“NARACES BIPOC After Party: Self-Care and Black Fatigue” (Facilitator). *North Atlantic Region Association for Counselor Education and Supervision (NARACES) Year of Learning Series/Wellness and Advocacy Series*, October 30, 2020.

“Racism is a Health Crisis” (Panel Discussion). *Community Conversations hosted by The Alaska Black Caucus*, Virtual Presentation, July 27, 2020.

## ***Professional Service Contributions***

**Peer Reviewer, *Journal of Wellness***, (September 2021—present)

**ACES Research Grant Award Reviewer**, (July 2021-August 2021)

Association for Counselor Education and Supervision (ACES) Research Grant Award Committee

**Co-Chair, Wellness Committee** (January 2021-present)

North Atlantic Region Association for Counselor Education and Supervision (NARACES) Executive Committee

**Co-Coordinator, Women's Retreat** (June 2021-October 2021)

Association for Counselor Education and Supervision (ACES) 2021 Conference, October 5-10, 2021.

**Mentor, Counselors for Social Justice** (July 2021-present)

American Counseling Association, Counselors for Social Justice Division

**Mentor, NBCC Minority Fellowship** (July 2020-present)

National Board of Certified Counselors (NBCC) Mentorship Program

**Counseling Volunteer** (June 2020-present)

Emotional PPE Project

**Proposal Reviewer** (February 2019)

Association for Counselor Education and Supervision (ACES) 2019 Conference

**Conference Planning Committee** (October 2017-July 2018)

American Mental Health Counselors Association 2018 Annual Conference

**Proposal Reviewer** (February 2017)

Association for Counselor Education and Supervision (ACES) 2017 Conference

**Proposal Reviewer** (February 2015)

Association for Counselor Education and Supervision (ACES) 2025 Conference

## ***Professional Awards and Honors***

**2021 North Atlantic Region Association for Counselor Education and Supervision (NARACES) Social Justice Award**, Received October 8, 2021.

## ***Professional Memberships and Affiliations***

### **Associations**

**American Counseling Association (ACA)**

Professional Member, in good standing since 2001

**American Mental Health Counselors Association (AMHCA)**

Clinical Member, in good standing since September 2007

**Association for Counselor Education and Supervision (ACES)**

Member, in good standing since September 2007

**North Atlantic Region Association for Counselor Education and Supervision (NARACES)**

Member, in good standing since September 2014

**Licensed Professional Counselors Association of Georgia (LPCA—GA)**

Clinical Member, in good standing since 2001

### **Honor Societies**

**Chi Sigma Iota**, Counseling Academic and Professional Honor Society International

Alpha Upsilon Alpha Chapter, Argosy University, Atlanta

Inducted August 2007

**Psi Chi**, National Psychological Honor Society

Xavier University Chapter, Charter No. 602

Inducted April 1992

**Beta Beta Beta**, National Biological Honor Society

Sigma Kappa Chapter, Xavier University of New Orleans

Inducted April 1992