

Ashley J. Luedke Ph.D., LMHC

EDUCATION

Ph.D. Counseling* - August 2013
Florida Atlantic University, Boca Raton, FL

M.S. Community Mental Health Counseling* - May 2009
Canisius College, Buffalo, NY

B.A. Psychology – May 2006
State University of New York at Fredonia, Fredonia, NY

*CACREP Accredited Programs

PROFESSIONAL CREDENTIALS

Licensed Mental Health Counselor (MH11545), State of Florida
Clinical Professional Counselor (CP0168), State of Nevada
Licensed Mental Health Counselor (008579), State of New York

CERTIFICATIONS

Online Teaching from Online Learning Consortium: Institute for Professional Development

CURRENT POSITION

2021 – Present Associate Professor Counselor Education, School of Education,
St. Bonaventure University, St. Bonaventure, NY

2021-Present Acting Program Director Counselor Education, School of Education, St.
Bonaventure University, St. Bonaventure, NY

TEACHING EXPERIENCE

**Associate Professor, Counselor Education Program, School of Education, St.
Bonaventure University (2021-present)**

**Assistant Professor, Counselor Education Program, School of Education, St.
Bonaventure University (2017-2021)**

Masters Level Courses Taught

- CE 510 Introduction to the Profession of Counseling
- CE 530 Theories & Techniques of Counseling
- CE 540 Abnormal Psychology
- CE 570 Career Counseling
- CE 610 Practicum in Counseling

- CE 625A Internship I Mental Health Counseling
- CE 625B Internship II Mental Health Counseling
- CE 637 Management of Clinical Mental Health Counseling Programs
- CE 638 Multicultural Counseling
- CE 642 Introduction to Crisis Counseling
- CE 649 Family and Couples Counseling

Masters Level Courses Taught Online

- CE 530 Theories and Techniques of Counseling
- CE 540 Abnormal Psychology
- CE 610 Practicum in Counseling
- CE 625A Internship I Mental Health Counseling
- CE 625B Internship II Mental Health Counseling
- CE 640 Introduction to Addictions
- CE 642 Introduction to Crisis Counseling
- CE 643 Counseling Strategies for Crisis Management, Emergency Services, Trauma, and Disasters
- CE 649 Family and Couples Counseling

Assistant Professor, Counseling & Educational Psychology Program, College of Education, University of Nevada, Reno, Reno, NV (2014- 2017)

Masters Level Courses Taught

- CEP 642A Assessment & Diagnosis
- CEP 645 Crisis & Trauma
- CEP 651 Practicum
- CEP 665 Child & Family Guidance
- CEP 705 Advanced Human Growth & Development
- CEP 761 Group Counseling
- CEP 770A/B Internship in School Counseling
- CEP 770F Internship in Marriage & Family Counseling
- CEP 770F Internship in Clinical Mental Health Counseling
- CEP 790 Clinical Interventions

Visiting Assistant Professor of Mental Health Counseling, Department of Counselor Education, College of Education, Florida Atlantic University, Boca Raton, FL (2013-2014)

Masters Level Courses Taught

- MHS 6482: Life Span Development
- MHS 6430: Family Counseling
- MHS 6510: Group Counseling
- MHS 6830: Internship Mental Health Counseling
- MHS 6340: Career Counseling
- MHS 5005: Processes in Counseling

**Graduate Assistant of Mental Health Counseling, Department of Counselor Education,
College of Education, Florida Atlantic University, Boca Raton, FL (2012)**

Masters Level Courses Taught

- MHS 6470: Counseling and Human Sexuality

Undergraduate Level Courses Taught

- SDS 4410: Interpersonal Communication

**Teaching Assistant, Department of Counselor Education,
College of Education, Florida Atlantic University, Boca Raton, FL (2010-2012)**

- MHS 5005: Processes in Counseling
- MHS 6401: Counseling Theories and Techniques
- MHS 6800: Practicum in Counseling

PUBLICATIONS

Refereed Journal Articles:

Luedke, A. J., Peluso, P. R., Diaz, P., Freund, R., & Baker, A. (April, 2017). Predicting Dropout in Therapy Using Affect Coding of the Therapeutic Relationship: An Empirical Analysis. *Journal of Counseling & Development*, 95, 125-134. doi: 10.1002/jcad.12125

Book Contributions:

Luedke, A. J. & Bickett, C. (2020). The power of relationships in fostering the recovery, adjustment and resiliency of refugees. In J. A. Kottler, S. Banu, & S. Jani (Eds.), *Handbook of refugee experience: Trauma, resilience, and recovery*, (pp. 391-402). San Diego, CA: Cognella.

Luedke, A. J. (2015). Abraham Maslow. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 670). Santa Barbara, CA: ABC-CLIO.

Luedke, A. J. (2015). Development of psychosocial stages. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 901). Santa Barbara, CA: ABC-CLIO.

Luedke, A. J. (2015). Group counseling. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 525). Santa Barbara, CA: ABC-CLIO.

- Luedke, A. J. (2015). Intimacy. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 607). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Jean Piaget. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 845). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). John B. Watson. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 1177). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Loss of a parent. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 804). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Michael White. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 1187). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Monica McGoldrick. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 678). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Music Therapy. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 738). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Narrative therapy. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 746). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Neglect. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 751). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Phantoms in the Brain. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 842). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Post traumatic stress disorder in youth. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 859). Santa Barbara, CA: ABC-CLIO.

- Luedke, A. J. (2015). Poverty and mental illness. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 860). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Problem solving therapy. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 871). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Salvador Minuchin. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 717). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Socioeconomic status. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 1063). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Split brain. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 1084). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Stages of psychosexual development. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 901). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). Structural family therapy. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 1106). Santa Barbara, CA: ABC-CLIO.
- Luedke, A. J. (2015). The nature of love. In L. Sperry (Ed.), *Mental health and mental disorders: An encyclopedia of conditions, treatments and well-being* (pp. 748). Santa Barbara, CA: ABC-CLIO.

PROFESSIONAL GRANTS

University Level

Keenan/Martine Grant presented by St. Bonaventure University in 2020. Grant presented to Scherer, R., Luedke, A. & Pierce, L. Grant supports resources for field informing practices for residency programming. Total amount of grant: 1250.00.

Technology Proposal Grant presented by the University of Nevada, Reno in 2015. Grant presented to Scherer, R. & Luedke A. Grant supports ongoing research and program development. Total amount of grant: 1000.00

Technology Proposal Grant presented by the University of Nevada, Reno in 2016. Grant presented to Luedke, A. & Packman, J. Grant supports ongoing research and program development. Total amount of grant: \$399.99.

PRESENTATIONS AND WORKSHOPS

International Presentations:

Brew, L., Ghoston, M., Hope, K., Lane, J., & Luedke, A. (2016, November). “*Clinical Counseling Panel: Preparing Counselors to Work in Integrated Behavioral Healthcare.*” Hot Topic Panel at Western Association of Counselor Education and Supervision Conference, Vancouver, Canada.

Peluso, P. R., Carlson, J., Luedke, A. J., Diaz, P., Freund, R., & Baker, A. (2016, April). “*The Art and Science of the Therapeutic Relationship.*” Education Session at the American Counseling Association Annual Conference, Montreal, Canada.

Peluso, P. R., Freund, R., Luedke, A. J., & Diaz, P. M. (2016, April). “*Emotional Behavior and the Therapeutic Relationship.*” Education Session at the American Counseling Association Annual Conference, Montreal, Canada.

Peluso, P. R., Carlson, J., Liebovitch, L., Luedke, A., Baker, A., Freund, R., & Diaz, P. (2015, August). “*Affect Coding the Therapeutic Relationship of a Master Clinician.*” Poster presentation at the American Psychological Association Annual Convention, Toronto, Canada.

National Presentations:

Lin, Y., Luedke, A. J., & Franco, J. (2021, October). “*Teaching Multicultural Counseling in a Divided Time: Embracing Difficult Conversations and Acknowledging the Cost of Teaching and Caring.*” Panel Discussion at the Association for Counselor Education and Supervision Biannual Conference, Atlanta, GA.

Luedke, A. J. & Scherer, R. G. (2021, October). “*How to: Counseling, Supervision, and Education in a Post Covid World.*” Poster presentation at the Association for Counselor Education and Supervision Biannual Conference, Atlanta, GA.

Luedke, A. J. & Siuta, C. R. (2019, March). “*Navigating the Pros, Cons, Ins, and Outs of an Online Program.*” Roundtable Session at the American Counseling Association Annual Conference, New Orleans, LA.

Luedke, A. J., Peluso, P. R. & Freund, R. (2017, October). “*What’s in Your Thought Bubble? A Closer Look at Nonverbal Communication in Supervision.*” Education Session at the Association for Counselor Education and Supervision Biannual Conference, Chicago, IL.

- Martinez, H., Scherer, R., Luedke, A., & Packman, J. (2017, October). *“Our Youth’s Future: Exploring the Needs of the Gifted and Talented Population.”* Roundtable Session at the Association for Counselor Education and Supervision Biannual Conference, Chicago, IL.
- Peluso, P. R., Luedke, A., Diaz, P., Baker, A., Rafkin, A. & Koerick, A. (2014, March). *“Affect Coding Within the Therapeutic Relationship.”* Education Session at the American Counseling Association Annual Conference, Honolulu, HI.
- Peluso, P. R., Luedke, A., Freund, R., & Diaz, P. (2013, March). *“Verifying a Mathematical Model of the Therapeutic Relationship.”* Education Session at the American Counseling Association Annual Conference, Cincinnati, OH.
- Peluso, P. R., Dougher, K., Liebovitch, L., Gottman, J., Norman, M. D., Luedke, A., Freund, R., Diaz, P., Peter, R., Jarmon, J., & Heine, V. (2012, August). *“Verifying a Mathematical Model of Psychotherapy: Empirical Findings from a Clinical Setting.”* Poster presentation at the American Psychological Association Annual Convention, Orlando, FL.
- Regional Presentations:**
- Luedke, A. J. & Scherer, R. (2020, November). *“Bringing the Classroom Experience Online: The New World of Learning.”* Education session at the North Atlantic Association for Counselor Education and Supervision Conference, Pittsburgh, PA.
- Martinez, H., Scherer, R., & Luedke, A. J. (2018, November). *“Clinical Skill Development in Counselors-in-Training through the use of Live Supervision.”* Education Session at the Western Association for Counselor Education and Supervision Conference, Napa, CA.
- Luedke, A. J., Trolley, B., & Siuta, C. (2018, September). *“The Nuts and Bolts of Building and Delivering a Quality Online Counseling Program.”* Education Session at the North Atlantic Association for Counselor Education and Supervision Conference, Burlington, VT.
- Luedke, A. J., Scherer, R., & Martinez, H. (2018, September). *“Using Live Supervision to Improve Counselors-In-Training Clinical Skill Development.”* Round table session at The North Atlantic Association for Counselor Education and Supervision Conference, Burlington, VT.
- Freeman, B., Garner, C. M., & Luedke, A. (2014, November). *“Gatekeeping Counselors In Training: The Identification of Unsuitable Dispositions.”* The Western Association for Counselor Education and Supervision Conference, Anaheim, CA.

State Presentations:

Luedke, A. J. (2019, April). “*What Your Patients are Saying but Not Saying: A Look at Nonverbal Communication.*” Education Session at the New York State Society of Medical Assistants 60th Annual Convention, Buffalo, NY.

Luedke, A. J. & Packman, J. (2015, February). “*Learning to Deal: A Look at Stress Management & Healthy Coping Skills.*” Education Session at the Nevada School Counselor Association State Conference, Reno, NV.

Packman, J. & Luedke, A. J. (2015, February). “*But He Loves Me: Supporting Students through Dating Violence.*” Education Session at the Nevada School Counselor Association State Conference, Reno, NV.

Local Presentations:

Pierce, L., Scherer, R., Bourdeau, A., McLaughlin, W., Luedke, A., Bartimole, C., & Smith, J. (2021, February). “*Navigating a New Normal: Everyday Mental Health During a Pandemic*”. Spring Forum Panel Discussion at St. Bonaventure University, St. Bonaventure, NY.

Luedke, A. J. (2019, October). “*What Students Tell You Without Speaking: A Closer Look at Nonverbal Communication.*” Thursday Forum at St. Bonaventure University, St. Bonaventure, NY.

Marino, R. B., Luedke, A. J., Karash-Eastman, J., Chase, K. (2019, April). “*Discomforters.*” Panel discussion on sexual assault at St. Bonaventure University, St. Bonaventure, NY.

Professional Development Workshops:

Honeycutt, D. M. & Luedke, A. J. (2018, August). “*Responding to Students: Stress, Anxiety, & Trauma.*” Professional development training presentation at Catt Little Valley School District, Little Valley, NY.

Luedke, A. J. (2014, April). “*Navigating the NCMHCE with Ease & Confidence.*” Professional development training presentation at Florida Atlantic University, Boca Raton, FL.

Luedke, A. J. (2013, November). “*Navigating the NCMHCE with Ease & Confidence.*” Professional development training presentation at Florida Atlantic University, Boca Raton, FL.

SERVICE

National

- Council for Accreditation of Counseling and Related Educational Programs (CACREP) site team member (2018-present)

Regional

- Pre-Conference learning institute co-chair for North Atlantic Region Association for Counselor Education and Supervision (2018 conference)
- Emerging leaders co-chair for North Atlantic Region Association for Counselor Education and Supervision (2018 and 2020 conferences)

State

- Upstate President for New York Association for Counselor Education and Supervision (2019-present)

University

- Academic Honesty Committee (2020- present)
- Graduate Council (2019-present)
- Phi Rho Chapter of Chi Sigma Iota faculty advisor (2017-2021)
- CODAH Committee member (2018-present)
- Title IX investigator (2018-present)
- Academic Honesty Committee alternate (2018-2020)
- Code of Conduct Committee (2018-2019)
- Professional Development Funds for School of Education committee (2017-present)
- University Search Committees
 - Political Science
 - Philosophy
 - Physics
 - Chemistry
 - Education Leadership
 - Counselor Education
 - Field Placement Director
- Friar Faceoff Mock Trial judge (2017- present)
- Science fair judge (2018-2019)

PROFESSIONAL ASSOCIATIONS

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- Chi Sigma Iota
- North Atlantic Region Association for Counselor Education and Supervision (NARACES)
- New York Association for Counselor Education and Supervision (NYACES)

CLINICAL EXPERIENCE

2019-2021 St. Bonaventure Center for Student Wellness

- Provided counseling services to students at St. Bonaventure University

2014-Present Clinical Consultation

2012-2014 Private Practice

- Maintained a small private practice providing counseling services to individuals and groups.

2011-2014: Parent Child Center, Riviera Beach, FL

Outpatient Therapist for the High School Grant Initiative

- Provided individual and family therapy to at risk youth
- Organized and led groups on anger management, decision making and self-esteem
- Coordinated services with other local agencies

2008-2010: Crisis Services, Buffalo, NY

Outreach and Mobile Crisis Response Team Therapist

- Provided emergency mental status exams assessing for lethality and harm in children and adults aged 3 and over
- Completed AOT (Assisted Outpatient Treatment) screenings to determine eligibility for clients
- Provided trauma services and supportive counseling for individuals, families and groups
- Provided phone counseling support