

2020-2021 NARACES Year of Learning and Connection Fall 2020 Presentations

In response to the cancellation of the regional conference, NARACES has launched the Year of Learning and Connection to offer ways for members to present their scholarly work and stay connected. Save the date for the following Fall presentations, with more details for each further below:

- September 26
Emerging Leaders Program
No NBCC CE credit available
- October 30th 11 – 12pm EST
Self-Love & Self-Care: Incorporating Black Feminist Strategies for Black Women in Counseling (Registration will open soon)
1 NBCC CE hour
- October 30th 12 – 2pm EST
The BIPOC After Party: Self-care and Black Fatigue
(Registration will open soon)
No NBCC CE credit available
- November 19th 3 – 4pm EST
Beyond Accessibility: Disability Equity in Counselor Education
1 NBCC CE hour
- December 9th 3 – 4:30pm EST
Decolonizing your Syllabus: A Counselor Educator Workshop
No NBCC CE credit available
- December date and time TBD:
The BIPOC After Party: Self-care and Black Fatigue
No NBCC CE credit available



NARACES has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 1103. Programs that do not qualify for NBCC credit are clearly identified. NARACES is solely responsible for all aspects of the programs.

CE Coordinator: Jelane Kennedy (jakennedy@ccsu.edu)

Presentation Information

Date: October 30th, 2020 (Registration will open soon)

Time: 11 – 12pm (EST)

Title: Self-Love & Self-Care: Incorporating Black Feminist Strategies for Black Women in Counseling

Presenters: Melany Silas, PhD, MDiv, RYT, RCYT, Derek X. Seward, PhD, LMHC, NCC, ACS, & Melissa M. Luke, PhD, LMHC, NCC, ACS

Continuing Education: 1 NBCC CE credit available

Description: Multicultural counseling literature assists counselors in implementing strategies that further engage communities of color. Counseling strategies that speak to the mental health needs of Black women are crucial. This session presents a study that examined the self-care and self-love strategies of Black women and its influence on mental health. Black Feminist concepts of self-love and self-care as it relates to the current practices of Black women will be discussed.

Learning Objectives:

1. Define Black Self-Love and Self-Care as defined by Black Feminist Theory.
2. Identify 2-3 socio-cultural influencers of mental health and wellness for Black women.
3. Identify at least 3 current self-care and self-love practices of Black women.
4. Identify 2 counseling strategies that support Black women in their mental health and that integrate self-love and self-care strategies into therapeutic practices.

Date: October 30th, 2020 (Registration will open soon)

Time: 12 – 2pm (EST)

Title: The BIPOC After Party: Self-care and Black Fatigue*

Facilitated by: Devona Stalnaker-Shofner, PhD, EdD, LPC, NCC

Sponsored by: NARACES Advocacy & Wellness Group

Description: NARACES is proud to present a wellness space for BIPOC counselor educators and supervisors to engage in reflective conversation. Dr. Devona Stalnaker-Shofner from Antioch University will hold this safe space for colleagues who identify as BIPOC to share your genuine and authentic selves in a rich dialogue about your lived experiences. This space is reserved for BIPOC counselor educators and supervisors.

* This is not an NBCC CE credit session

Date: November 19th, 2020

Time: 3 – 4pm (EST)

Title: Beyond Accessibility: Disability Equity in Counselor Education

Presenter: K. Lynn Pierce, MS, NCC

Continuing Education: 1 NBCC CE credit available

Description: Accessibility is often framed in terms of what institutions or organizations must do to meet legal requirements. This presentation explores the concepts of inclusion and equity as relates to disability in higher education and explores the experiences of graduate students and faculty with disabilities. Recommendations for recruitment and the importance of ability-diversity in counselor education settings are explored.

Learning Objectives:

1. Participants will understand and differentiate the concepts of accessibility, inclusion, and equity.
2. Participants will explore experiences of individuals with disabilities in academia and understand current barriers and considerations.
3. Participants will learn strategies and identify resources to better advocate for individuals with disabilities in counselor education settings and in higher education.

Date: December 9th, 2020

Time: 3 – 4:30 (EST)

Title: Decolonizing your Syllabus: A Counselor Educator Workshop*

Presenter: Krista M. Malott, PhD, LPC & Christian D. Chan, PhD, NCC

Description: Join us for a workshop on how to construct a more critically conscious syllabus, one that allows us to better prepare counselors for work in the world. Bring your syllabus and be prepared to work in small groups on your own and give feedback to others. We will also discuss decolonial and postcolonial approaches in education along with prominent definitions to augment the intentions of decolonization in education.

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Date: December date TBD

Time: TBD

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