

Online Teaching Resources

*please note: this information was received by NARACES members and from ACES webinars. It is up to the user (you) to check all legal aspects to make sure you are compliant with your states licensure boards and requirements, and HIPAA compliant.

ACES Webinars

<https://acesonline.net/special-edition-webinars/>

Online Teaching

Marty Jencius started a SLACK group for counselor educators with an online teaching channel that has some great stuff in there and builds community:

https://join.slack.com/t/counseloreducators/shared_invite/zt-csj2d1f4-6rN7EEg3Zb1k0h0BsRvIHg
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Bill Pelz (2009), a Professor of Psychology and Sloan Consortium *Award for Excellence in Online Teaching* winner, provides three principles of effective online pedagogy (p. 3):

Principle 1: Let the students do (most of) the work. The more time students spend engaged with the content, the more they will learn.

Principle 2: Interactivity is the heart and soul of effective asynchronous learning.

Principle 3: Strive for presence: social, cognitive, and teaching presence.

https://www.angelo.edu/instructional-design/online-teaching/section_12.php

Humor: <https://www.youtube.com/watch?v=CCe5PaeAeew&feature=youtu.be&app=desktop>

Video recording (for instructors to prepare videos/conduct role plays; not HIPAA compliant)

<https://screencast-o-matic.com/screen-recorder>

Student creates a video and then sends a link to you, and vice versa. Option is to use shared google drive. To transfer videos, wetransfer.com (enter email address of recipient; uploads off your system and notifies recipient they have a video ready to view. You will receive confirmation the file has been downloaded by the recipient. These are for pedagogical based, and not HIPAA compliant.)

Professional Platform Resources

Zoom is temporarily offering extended time to their educators - (apply for unlimited time for extensive class time meeting) - (recording video, too) University needs to sign a BAA to be HIPAA compliant.

<https://zoom.us/education>

Wellness & Self-Care

Calm sent out a terrific list of free resources on meditation and managing anxiety during this time <https://blog.calm.com/take-a-deep-breath>

Pandemic

by Lynn Ungar



What if you thought of it
as the Jews consider the Sabbath --
the most sacred of times?
Cease from travel.
Cease from buying and selling.
Give up, just for now,
on trying to make the world
different than it is.
Sing. Pray. Touch only those
to whom you commit your life.

Center down.

And when your body has become still,
reach out with your heart.

Know that we are connected
in ways that are terrifying and beautiful.

(You could hardly deny it now.)

Know that our lives
are in one another's hands.

(Surely, that has come clear.)

Do not reach out your hands.

Reach out your heart.

Reach out your words.

Reach out all the tendrils
of compassion that move, invisibly,
where we cannot touch.

Promise this world your love--

for better or for worse,

in sickness and in health,

so long as we all shall live.